

Concerned about a distressed or distressing student? Take three steps to determine an appropriate course of action:

- 1 Gather information** about possible psychological, academic, and/or physical warning signs. For descriptions of these signs, visit www.safety.umb.edu.
- 2 Assess the level of distress.** If the situation is urgent, call Public Safety immediately at 911 (campus phone) or 617.287.1212 (cell phone). If it is important, but not urgent, go on to the next step.
- 3 Assess your relationship to the student.** If you don't know the student or you don't feel able to deal with the student directly, contact the Student Affairs Office as soon as possible. Call 617.287.5800, or email Assistant Dean Joyce Morgan (joyce.morgan@umb.edu) and Vice Chancellor Patrick Day (patrick.day@umb.edu).

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If you feel able to deal with the student directly, you might suggest a visit to

- the University Advising Center if you have noticed academic signs (617.287.5500),
- the UHS Counseling Center if you have noticed psychological signs (617.287.5690),
- UHS General Medicine if you have noticed physical signs (617.287.5660).

Afterwards, contact your supervisor or chairperson and the Student Affairs Office to express your concern and inform them of your actions.



*This card has been prepared by the UMass Boston
University-wide Safety Planning Committee.
For further information, visit <http://safety.umb.edu>.*

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